SAN GABRIEL NIKKEI OUARTERLY

SAN GABRIEL JAPANESE COMMUNITY CENTER 90 YEARS OF FAMILY HISTORY

CENTER STORY

Ellen Shimaoto | p. 2

YEAR'S END

Message from the Board | p. 3

COMMUNITY KITCHEN

Recipes | p. 10

BOARD OF OFFICERS

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EDITOR | Misty Tamanaha

MESSAGE FROM THE BOARD

On behalf of the Board of Directors, we wish you peace, happiness, and abundant good health during the Holiday Season and into the New Year. We appreciate your membership and support of the Center and look forward to serving you and the Community Center in 2020. At our last Board Meeting on November 12, we elected 3 members to the Board, and want to welcome Kong Tan, Jason Chin, and, Randi Davis to the San Gabriel Japanese Community Center Board of Directors. Officer elections will be held at the December 10th Board meeting. Please enjoy the Holidays and we look forward to seeing everyone at the Keiro Kai/Shinnen Kai event on January 26th.

Mahalo, Chris Kadohiro

BOARD ELECTIONS - THE RESULTS

THE SAN GABRIEL JAPANESE COMMUNITY CENTER HELD IT'S BOARD OF DIRECTORS ELECTIONS ON TUESDAY, NOVEMBER 12TH, 2019. PLEASE WELCOME THE 2020 SAN GABRIEL JAPANESE COMMUNITY CENTER BOARD OF DIRECTORS:

PHANNIE BANG, RICK CHAN, JASON CHIN, RANDI DAVIS, RICHIE ENDOW, EUGENE FLOCK, STEVE FUROGAWA, YOSHIAKI HARADA, GARY HIGASHI, CARRIE KADOHIRO, CHRIS KADOHIRO, KATHY KATO, KAZ KITAJIMA, BOB LONA, IRENE LONA, YASOJI MATSUOKA, MICHAEL NORIEGA, KEN SAKUDA, ALAN SHIMAMOTO, KONG TAN AND MAKO YOSHITAKE.

BOARD OFFICER ELECTIONS TO TAKE PLACE AT THE DECEMBER BOARD MEETING.

THE COMMUNITY CENTER RELIES ON IT'S DEDICATED VOLUNTEERS TO HELP RUN AND MAINTAIN THE FACILITY. IF YOU ARE INTERESTED IN VOLUNTEERING AS A BOARD MEMBER OR AN ELECTED OFFICER, PLEASE ATTEND THE NEXT FEW MEETINGS. MEETINGS ARE HELD ON THE 2ND TUESDAY OF EVERY MONTH.

SHARE YOUR CENTER STORY...

WE ARE LOOKING FOR INDIVIDUALS, WHO WOULD BE INTERESTED IN SHARING THEIR STORIES ABOUT THE COMMUNITY CENTER. TELLING YOUR STORY CAN HELP US LEARN MORE ABOUT OUR MEMBERSHIP, CENTER HISTORICAL EVENTS, AND HOW WE MAY BETTER SERVE OUR COMMUNITY.

IF YOU ARE INTERESTED IN SUBMITTING YOUR STORY, PLEASE SEND YOUR SUBMISSION VIA EMAIL TO: SGJCC5149@GMAIL.COM.

CENTER STORY

San Gabriel Japanese Community Center 90 Years of Family History By: Ellen Shimamoto

My grandparents, mother, aunt, husband, in-laws, and 2 sons have collectively been members, learned judo, studied Japanese, resided, competed, taught, and made decisions at the San Gabriel Japanese Community Center for the past 90 years.

My grandparents, Takaichi and Chiyoko Goto resided in the city of San Gabriel after they immigrated from Japan to the United States in the late 1920's. He owned a grocery store, Sun Grocery on San Gabriel Blvd that he ran with his wife, and his two young daughters who helped when they could (they lived adjacent to the store). He was active in the center's judo program, and later held an officer position on their board. The two sisters (my mother and aunt) attended San Gabriel public schools. After school, they had to attend Japanese language school Monday - Thursday and all day on Saturday which was held at the Community Center. The head Japanese School instructor and the assistant lived on the premises. There were two houses, a larger one for the main teacher, and a smaller one for the assistant.

My husband Al, remembers (started judo in 1964, his father also held a position of Treasurer) the entire driveway and parking lot was dirt, the house in front of the center, a community bathroom in the back, and that the center (an old white building that at one time was rumored to be condemned) actually ended behind the stage. If you are facing the stage, the door on the left opened to the outside and a stairway down to the ground existed, which is why there is a ramp there now leading to the kitchen. He also remembers his head sensei at the time, Tashima Sensei would take a shower in the vacant larger house after practice, parked right outside the center (considered "his spot"), and a parent would have to wait until he finished in order to lock up the facility. The stage served as a dressing room for all the boys since at the time, there were no girls practicing judo. When the one girl started around 1966, she would come dressed for practice. The mats at the time were very heavy (sawdust filled in a rubberized like covering) and cumbersome to move. The mats

SGJCC MEETINGS

Second TUESDAY of every month @ 7:30PM

7 9 19
8 13 19
9 10 19
10 8 19
11 12 19
12 10 19

SAN GABRIEL NIKKEI QUARTERLY

ISSUES | Deadlines

1st Quarter (Jan - Mar) | WINTER DEADLINE 2 | 15 RELEASE 3 | 1

2nd Quarter (Apr - Jun) | **SPRING DEADLINE** 5 | 15 RELEASE 6 | 1

3rd Quarter (Jul - Sept) | **SUMMER** DEADLINE 8 | 15 RELEASE 9 | 1

4th Quarter (Oct - Dec) | FALL DEADLINE 11 | 15 RELEASE DATE 12 | 1

SPECIAL | NEW YEARS EDITION DEADLINE 12 | 15 RELEASE 1 | 1

Please send submissions to:

SGJCCnewsletter@gmail.com

SAN GABRIEL NIKKEI QUARTERLY IS A FREE NEWSLETTER PUBLISHED BY THE SAN GABRIEL JAPANESE COMMUNITY CENTER FOR IT'S MEMBERS AND CLUB AFFILIATES.



SUNDAY, JANUARY 19, 2020 12:00PM TO 3:00PM 5019 ENCINITA AVE TEMPLE CITY, CA 91780

JAPENESE BENTO BOX: \$15 TERI CHICKEN&BEEF COMBO: \$10 HOT TEA, SAKE & WATER SERVED OPEN TO THE PUBLIC

CENTER STORY (CONT)

were placed side by side covered with a large canvas tarp and due to the weight, the mats didn't move when placed on the floor. The dojo was configured opposite of the way it is today. The parents would watch the judo practice from the north end of the dojo and the mats went up to the stage. When the Center was remodeled, the houses were torn down, and a kitchen and bathroom were added, and the cement slab in front of the center is all that remains of that past (used now for the bbqs!). In 1942, because of Executive Order 9066, my grandfather was arrested by the FBI because he held an officer position at the community center. He was taken to Tuna Canyon Detention Center for a few months before being transferred to Santa Fe, New Mexico for another few months. His wife and daughters remained in San Gabriel to sell their grocery store, home, and belongings, and were sent to the Tulare Assembly Center first, and then was moved to the Internment Camp in Gila Arizona, where they would live in the barracks until the end of World War II. My grandfather joined his family in Gila after several months.

In 1945 at the war's end, my grandfather was allowed to return back to San Gabriel a little earlier than his family so he could prepare a home for them. Because they didn't have a home to go back to, they were allowed to live in one of the 2 houses on the Community Center property. Seven families lived on the premises. My grandparent's family lived in the smaller house and allowed my grandmother's brother to live with them until he joined the military. It was a one bedroom home with a toilet and small kitchen. A relative who had a family of 5 lived in

the other house which had a shower that both families shared. They would live in this home for the next four/ five years. The community center building became a hostile for families who needed temporary housing, and was divided by heavy wooden partitions that hung from the ceiling on a track that could be opened and closed for privacy. It could accommodate 5 families, and without a kitchen or restroom, had to

cook on portable stoves, and use the community bathroom outside. It's hard to imagine these living conditions, but they were recently released from the Internment Camps, so this helped them get a new start. Who knew, that the San Gabriel Japanese Community Center would have so much history between our two families? When my mom found out that her grandson was starting judo at the center, she said, "I used to live there!" And so, the stories began of their history at the center. SGJCC will forever be a bond between our families. It was all so unexpected to learn that my grandfather started teaching judo at the place my husband and sons (started at age 8 and 5, they're 29 and 24 now) practiced, and received their black belts. And that my husband continues to be a Sensei on the mat, and my aunt is part of the Nikkei Senior Club. SGJCC continues with new traditions and history, but my grandfather would have been proud





ABOVE: Ellen's aunt hanging outside the community center, where the cement pad now lies. The Sun Grocery, in San Gabriel, owned by Ellen Shimamoto's grandparents, Takaichi and Chiyoko Goto.

FRONT COVER: Ellen's mother in front of the two homes that use to be on the property with the community center building.

of his great-grandson's participation in a sport he loved, in a place that was literally "home," and truly enabled him and the other families to start their new lives.

SAN GABRIEL JUDO

2019 PAN AMERICAN JUDO CHAMPIONSHIPS - GUADALAJARA



Front row: Daniella Manibog (not competing), Sensei Aaron Kunihiro, Sensei Richie Endow, Sofia Manibog (not competing), Tyler Higashi, Garrett Yanagi, Malia Manibog, and Audrey Tamanaha. Back Tiffany Tani Yanagi, Tonanxochitl Ortega Plantmason and Sensei Taizo Sasaki. Photo courtesy of Liz Tamanaha

HEAD SENSEIS

AS OF JANUARY 1, 2020, SAN GABRIEL JUDO WILL CONDUCT BUSINESS UNDER A NEW ALLIANCE IN THE HEAD SENSEI POSITION. RICHIE ENDOW HAS REQUESTED TO THE BOARD OF DIRECTORS TO SHARE HIS DUTIES AS HEAD SENSEI WITH HIS COLLEAGUES, MR. AARON KUNIHIRO AND MR. TAIZO SASAKI.

RICHIE ENDOW WILL COVER FUNDAMENTALS AND GENERAL OPERATIONS

TAIZO SASAKI WILL COVER CUSTOMS, ETHICS & STANDARDS + CO-CHAIR COMPETITION STRATEGIC & TACTICAL DIRECTION WITH AARON KUNIHIRO

AARON KUNIHIRO WILL COVER ADVANCED TECHNICAL DIRECTION + CO-CHAIR COMPETITION STRATEGIC & TACTICAL DIRECTION WITH TAIZO SASAKI

SAN GABRIEL JUDO WISHES TO CONGRATULATE OUR SENSEIS FOR THIS NEW LEADERSHIP METHOD AND WE LOOK FORWARD TO MANY YEARS OF CONTINUED SUCCESS!



LEFT: Malia Manibog, San Gabriel Judo, 1st Place - Gold and Samantha Garcia, 3rd Place - Bronze, Harbor Judo. Photo courtesy of Liz Tamanaha.



Gold Medalist

Malia Bella Manibog wins Gold!!! This superstar had an incredible showing winning most of her matches in less than 15 seconds to become San Gabriel Judo's first Pan American Gold Medalist in the club's 90+ year history. Right out of the gate, Malia faced off against the defending champion, Chiao from Brazil. Malia defeated Chiao in 15 seconds with an amazing Seoinage for ippon. Malia's next match was against the Mexican favorite, Olvera. This was a very tough match, but Malia persevered throwing Olvera with Seoinage for the win. Malia then moved to the semi-finals to compete against Odreman from Venezuela. Malia dominated this match with a quick throw for a wazari, then transitioned into a pin to finish the match with an ippon win. This put Malia into the gold medal match against another Brazilian athlete, Rafaela Da Silva. Da Silva is a very tall, very strong player, so Malia was definitely preparing for a tough match. Malia used her tactics to setup a quick, grab and go morote Seoinage for the ippon! Malia ended up winning the match and the gold medal in 10 seconds!

We cannot say enough about Malia. Off the mat, she is the sweetest, kindest, most respectful, most considerate, most everything a young girl her age can be. On the mat, she's the strongest, fastest, biggest thrower we have! We are so proud! Congratulations, Malia! You are a Pan American Champion!

Silver Medalist

Audrey Tamanaha is our 2019 Pan American Silver Medalist! Audrey had such an impressive performance. She benefited with a bye the first round, that set her up for a first match against Garcia from Puerto Rico.

BELOW: Audrey Tamanaha, San Gabriel Judo, 2nd Place - Silver Photo courtesy of Liz Tamanaha.



SAN GABRIEL COMPETITORS

ERIN CHANG - JO SILVER X2 ISABELLA COULTER - YN SILVER TYLER HIGASHI - JO BRONZE AVERY KADOHIRO - JO BRONZE - YN SILVER X2 PHOENIX KIM - JO BRONZE ELIAS LOPEZ - JO BRONZE DANIELLA MANIBOG -US OPEN BRONZE YN BRONZE MALIA MANIBOG - PAN AM GOLD - US OPEN GOLD - SN GOLD X2 JO GOLD X2 SOFIA MANIBOG - JO BRONZE JASON MONTEJO - JO GOLD JUSTIN MONTEJO - JO SILVER SYDNEY MOON - JO SILVER X2 AIMEE NOTOPRADONO - JO SILVER X2 - CC SILVER X2 NICHOLAS NOTOPRADONO - JO GOLD TONANXOCHITL ORTEGA - JO GOLD X2 MEENA PHAN - JO BRONZE **REMY SAITO - JO GOLD** JASON SAKUDA - JO BRONZE X2 - SN GOLD KINGSTON SANTAMARIA - JO BRONZE AUDREY TAMANAHA - PAN AMS SILVER - US OPEN BRONZE - JO SILVER - YN BRONZE MADELINE TAMANAHA - JO GOLD - JO SILVER - YN GOLD WAVERLY TAMANAHA - YN SILVER LOGAN TAN - JO BRONZE TAYLOR TAN - SN GOLD X2 - JO SILVER MIKEL DAVID UYEMURA - JO BRONZE **BRYAN WANG - JO SILVER** GARRETT YANAGI - US OPEN BRONZ X2 - YN BRONZE X2 TIFFANY YANAGI - US OPEN BRONZE - JO BRONZE X2 RYDER YOSHITAKE - JO GOLD X2 SHARON WU - SN BRONZE

NANKA TEAM CHAMPIONS X3 RIVERSIDE FIGHT FOR THE CURE CHAMPIONS TEAM X3 2ND PLACE NATIONAL CHAMPIONSHIPS Audrey defeated the Puerto Rican with a beautiful ouchi gari to uchimata combination. This put Audrey into the semi-finals against Duron from Mexico. Audrey dominated this semi-final match on the ground, and won with powerful kami shiho gatame pin. Audrey then moved into the finals against Yokoyama, the powerhouse from Brazil. Yokovama had destroved her side of the bracket with an impressive Sode Tsuri Komi Goshi, but Audrey was ready to defend that move! Audrey battled strong for the entire match to just fall short of the gold by a pin for a wazari. Audrey was most definitely Yokoyama's toughest match of the day. Audrey continues to be one of our club's stars. She's only been doing judo for 3 short years, and she's already out there competing against the best of the best in this hemisphere. That's extremely difficult, and she's doing it. Congratulations, Audrey! We are so excited to see what you continue to do in your judo career! Best wishes to you.

Garrett Yanagi represented our country well against the best in the America's. He just came up short of fighting for a Bronze medal, but for his first time in this big show, he sure looked great out there. Garrett finished in 7th place.

Tyler "Crouching Tiger" Higashi...

the weekend's Birthday Boy, was definitely a tiger out there. Battling every match to his very last breath. Tyler was leading in his medal match, but made a split second mistake and got caught by an explosive ippon seionage from the Mexican to finish in 5th place. It's definitely nerving to fight the home country crowd, but Tyler did very well in his first international medal match. Last year in Ecuador, Tyler went home losing in his first match with a brutal beating by the gold medalist from Brazil. This year, Tyler battled strong all day all the way to the medal rounds.



ABOVE: Tonanxochitl Ortega Plantmason, Tiffany Tani Yanagi and Jennifer Yanagi. Photo courtesy of Liz Tamanaha.

Tyler is definitely a monster out there and many great judo memories will come his way. Tyler finished in 5th place.

Tiffany Yanagi had a vicious performance in Mexico. She took out Brazil in her first match with strong attacks and a pin to seal the deal. In her second match, Tiffany was leading against Mexico, but got stuck in a pin for a loss. Tiffany finished the day in a scrappy battle against her good friend, Sarah Ann Calinaya, who is the returning silver medalist and Caribbean Cup gold medalist. Tiffany came short of her hopes, but she's proven to be a solid contender in this super talented division. Tiffany always gives 110%, when she hears "Hajime", so you can count on her to bring it and that is why we love & support her so much.

Tonanxochitl Ortega...our team captain for this event...our 3x qualifier for USA PanAm Team...and our Birthday Girl. For the second year in a row, Xochi drew the beast from Brazil her first match. We have yet to see anyone beat this girl, but Xochi



went out there and swung for the stars against her. This match didn't go her way, but Xochi finishes her Sub15 career being ranked in the top 2 in the country for 5 years now! She is an exceptional judoka and a phenomenal young woman.

To our coaches...Aaron Kunihiro, Taizo Sasaki and Richie Endow...great job supporting the kids. They could not have been in better hands. To the SG entourage that joined us on this trip...Thank you for the ABOVE: Sensei Aaron Kunihiro, Malia Manibog, Sofia Manibog, Daniella Manibog, Audrey Tamanaha, Garrett Yanagi, Tyler Higashi, Tiffany Tani Yanagi and Sensei Richie Endow. Photo courtesy of Liz Tamanaha.

unconditional love & support. Win or lose...Up or down...the kids were well taken care of.

Sensei Al Shimamoto, Sensei Mike unconditional love & support. Win or lose...Up or down...the kids were well taken care of.

SAN GABRIEL JUDO DOJO ELECTIONS FOR 2020 BOARD OF DIRECTORS

CONGRATULATIONS TO OUR NEWLY ELECTED BOARD OF DIRECTORS!

1. ALAN SHIMAMATO 2. GLENN KOYAMA 3. DARREN MANIBOG 4. MISTY TAMANAHA 5. GARY HIGASHI

WE ARE VERY LUCKY TO HAVE EACH OF YOU LEAD OUR CLUB AND WE APPRECIATE EACH OF YOU. THANK YOU!

OUR GROUP PROGRAMS

ARTS | CULTURE

Ikebana | Flower Arranging 2nd | 4th Mondays from 7:00pm - 9:00pm Adults \$40 | 1st Child \$30 | Add'l Child* \$20

Kaz Kitajima Sogetsu Ikebana kazhanatoniwa@gmail.com T | 626.333.3039

MARTIAL ARTS

Judo | Japanese Martial Art

Tuesday | Fridays from 5:00pm - 9:00pm Contact directly for member pricing

Richie Endow | Mike Noriega San Gabriel Judo Dojo sangabrieljudo@gmail.com T | 818.482.4884 T | 310.545.9449

SOCIAL

Nikkei Seniors | Keirokai Thursdays from 10:00am - 1:00pm Contact directly for member pricing

Walt Kleinedler San Gabriel Nikkei Seniors Club T | 626.285.0361

Shodo | Japanese Calligraphy

1st | 3rd Sundays from 1:00pm - 3:00pm Adults \$40 | 1st Child \$30 | Add'l Child* \$20 * From the same family

Yasoji Matsuoka Shodo Academy of America ptree2237@earthlink.net T | 626.201.9242

Karate | Japanese Martial Art

1st | 3rd | 5th Mondays from 6:00pm - 8:00pm Wednesdays from 6:30pm - 8:30pm Saturdays from 5:00pm - 7:30pm Contact directly for member pricing

Yoshiaki Harada JKA Los Angeles info@jka-los.com T | 626.274.2579

Where Eagles Soar | Christian Fellowship

Sundays from 10:00am - 11:30am

Pastor Bob Lona T | 626.574.7107 C | 626.260.3577

SAN GABRIEL NIKKEI SENIORS

We would like to thank WALT for many years of service as Membership Chair. We are grateful for your contribution to the club. He will be stepping down at the end of this year. There are many ways to say thank you, arigato gozaimasu and muchas gracias. Again, thank you.

Guess Speaker

Attorney-at-law Judd Matsunaga from Elder Law Service of California presented a Living Trust Seminar to sixty members and guests of Judd Matsunaga. We learned that one in three seniors over the age of 85 will have dementia. Modern medicine has improved technology and allows us to live longer. By the year 2030, AARP estimates that the senior population will double. A Study confirms that longevity is part lifestyle and part genetics. Judd gave us tips on properly funding a living trust and avoiding common errors when creating important documents. He also presented information on Power of Attorney and qualifying for Medi-Cal for nursing home care. Judd also gave us a guide to surviving a hospital stay based on his own personal experience. The presentation was very interesting, and Judd gave us information that all seniors should know. Judd gave away a Marie Callendar pie to the oldest person in the audience. Ted Hashimoto won the pie by telling us that his age is 98. Several lucky members won door prizes. They were Naomi Furogawa, Hiro Kusumoto and Mariko Garrett. Submitted by Irene Hagihara, Corresponding Secretary

San Gabriel Nikkei Senior Fundraiser

We would like to take this time to thank all the people who were able to support our two fundraisers at Polly's Pies. With your generosity, our club members can enjoy activities and many of the functions we currently enjoy. This event will help with the cost of The Christmas Banquet at the end of the year. Again, thank you for your generous support on October 15, 2019. Steve Furogawa, Fundraiser Chair

MEETING SCHEDULE

December 5 | Last Meeting of 2019 12 | Christmas Party

DEAR NIKKEI SENIORS CLUB MEMBERS: IN BARELY A MONTH, MEMBERSHIP RENEWAL SEASON BEGINS AGAIN!

THE MEMBERSHIP RENEWAL DEADLINE, ACCORDING TO OUR BY-LAWS, IS THE SECOND THURSDAY IN FEBRUARY AND THAT IS FEBRUARY 13, 2020. DUES FOR 2020 WILL REMAIN THE SAME: \$50 FOR INDIVIDUALS AND \$75 FOR COUPLES. DUES INCLUDE OUR DISCOUNTED MEMBERSHIP TO THE JAPANESE COMMUNITY CENTER AS WELL AS TO THE NIKKEI SENIORS CLUB.

EFFECTIVE JANUARY 1, 2020, GLENN YOSHIDA WILL BE TAKING OVER AS MEMBERSHIP CHAIRPERSON. HE WILL BE COLLECTING MEMBERSHIP DUES AT OUR REGULAR CLUB MEETINGS ON JANUARY 16, 23, 30, AND FEBRUARY 6 & 13. PLEASE REMEMBER THAT THE FIRST TWO THURSDAYS IN JANUARY WE DO NOT HAVE MEETINGS. BE SURE TO MAKE YOUR CHECK PAYABLE TO SGNS CLUB (SAN GABRIEL NIKKEI SENIORS CLUB).

FOR THOSE OF YOU WHO ARE UNABLE TO ATTEND ONE OF THE MEETINGS LISTED ABOVE BUT WISH TO CONTINUE SUPPORTING OUR CLUB BY RENEWING YOUR MEMBERSHIP, PLEASE MAIL YOUR CHECKS TO GLENN AT 5910 N. MUSCATEL AVE., SAN GABRIEL, CA 91775.

SINCERELY,

WALT KLEINEDLER OUTGOING MEMBERSHIP CHAIRPERSON

P.S. IF YOU ARE RECEIVING A PRINTED COPY OF THE QUARTERLY NEWSLETTER FROM THE JAPANESE COMMUNITY CENTER IN YOUR MAILBOX BUT WOULD PREFER TO RECEIVE IT VIA EMAIL, PLEASE SHARE YOUR EMAIL ADDRESS WITH US SO THAT WE CAN PASS IT ALONG TO THE COMMUNITY CENTER. THIS WILL HELP THE CENTER SAVE PRINTING COSTS AND POSTAGE. THANK YOU.



Pasadena

3007 Huntington Dr #102 Pasadena, CA 91107 626.568.0386

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Nakaskitchen.com Time to get excited again! Coming soon Jan 2020 Closed Dec 23, 24, 25 and 26

Soft opening starts Dec. 27 Other items may be added or removed at anytime

Menu Calendar Dec 27, 28 29 & 30 Open 10-8

emporary items	e m		

442 Combo -Teriyaki beef & teriyaki chicken	\$11.95
Mac Salad and Daikon	
Teriyaki chicken bowl	\$ 8.00
Teriyaki beef bowl	\$ 8.00

Soft Opening Menu

Loco Mooo - Shaka Style Loco Mooo - Steak Style (premium patty) Tertyaki Meatballs Taco Combo Bacon Fried Rice	Small	\$13.25 \$12.95 \$10.45 \$ 8.95 Large
	\$ 4.45	\$10.95
Spam Musubi		\$ 2.85
Chinese Chicken Salad		\$ 9.95
Lava loe		\$ 5.95

nakaskitchen.com

COMMUNITY KITCHEN

CABBAGE OKAZU RECIPE Misty Tamanaha

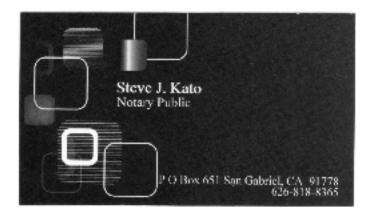
Ingredients

1 Head of Cabbage - sliced 1 Large Brown Onion - thinly sliced 1 - 1.5 lbs Pork Shabu Shabu - thinly sliced Salt to taste Pepper to taste 1/4 Cup Shoyu (soy sauce) or to taste 1 Cup Water Recipe Instructions

In a pot brown the pork shabu shabu meat on medium heat. Once cooked add in sliced onions, cabbage, salt & pepper, shoyu (to taste), some water and cover. Mixing occasionally. It is ready the cabbage and onions have cooked down and almost look translucent. ENJOY with some steamed rice.

"I'm sure almost every Japanese American family has some version of this dish. It's far from being fancy and "instagramable", but this dish is something my grandma made for my mom, what my mom made for me and now what I make for my daughter. It's our comfort food. A variation of this dish is my mother-in-law's recipe, which uses ground beef, some sugar and mirin." - Misty

This issue's recipe is courtesy of Misty Tamanaha.



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SHARE A FAVORITE RECIPE WITH THE SGJCC COMMUNITY!

WE ARE LOOKING FOR DELICIOUS RECIPES TO SHARE WITH THE SGJCC MEMBERSHIP. PLEASE SEND YOUR RECIPE ALONG WITH PHOTOS TO: SGJCCNEWSLETTER@GMAIL.COM

ADVERTISING

\$10 PER ISSUE | \$40 PER YEAR

IF YOU WOULD LIKE TO PLACE AN AD IN THE SAN GABRIEL NIKKEI QUARTERLY, PLEASE SUBMIT THE FOLLOWING INFORMATION TO: sgjcc5149@gmail.com

CONTACT PERSON | PHONE NUMBER | EMAIL ADDRESS BUSINESS NAME | BUSINESS ADDRESS ARTWORK (EPS, PDF, AI FILE)

PLEASE SUBMIT YOUR PAYMENTS TO: SGJCC C|O NIKKEI QUARTERLY 5019 N ENCINITA AVE TEMPLE CITY | CA | 91780

MEMBERSHIP: FAMILY		SENIOR	
ast Name	First Name	DOB	Occupation
Spouse Last Name	Spouse First Name	DOB	Occupation
Home Address (Street City State Zip)			
Phone	Email		
MINOR CHILD CHILDREN (Names DC)B)		
Child Name		DOB	;
EMERGENCY CONTACT INFORMATIO	N		
Emergency Contact Name	Cell Phone	Relat	ionship
GROUP AFFILIATION:			
📃 Ikebana - Sogetsu	Judo - SGJD	Kara	te - JKA Los Angeles
Shodo - Calligraphy	Where Eagles Soar		
SGJCC-related messages and quarterly	newsletter will be sent via ema	ail. If you would like a ł	nardcopy of the newslet

CASH



5019 N ENCINITA AVENUE | TEMPLE CITY | CA | 91780 WWW.SGJCC.ORG | 626.286.9850 SGJCC5149@GMAIL.COM

ADDRESS SERVICE REQUESTED DATED MATERIAL

SGJCC SAN GABRIEL JAPANESE COMMUNITY CENTER FAITH | IKEBANA | JUDO | KARATE | SENIORS | SHODO

UPCOMING EVENTS

A LITTLE TOKYO CHRISTMAS | SEE TICKET OFFICE ARATANI THEATRE AT THE JACCC DECEMBER 21 | SATURDAY | 3-5PM

2020 OSHOGATSU FAMILY FESTIVAL | FREE ADMISSION JAPANESE AMERICAN NATIONAL MUSEUM JANUARY 5 | SUNDAY | 11AM - 5PM

2020 KEIRO KAI | SHINNENKAI SAN GABRIEL JAPANESE COMMUNITY CENTER JANUARY 19 | SUNDAY | 12-3PM

MISSION The San Gabriel Japanese Community Center (SGJCC) is a charitable nonprofit organization founded in 1923, that provides educational, social and recreational opportunities to people of all ages and backgrounds, while sharing Japanese culture through the legacy of it's traditional arts and crafts.