SAN GABRIEL NIKKEI QUARTERLY

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CALENDAR

SGJCC MEETINGS

SECOND TUESDAY
OF EVERY MONTH

1 | 8 | 19

2 | 12 | 19

3 | 12 | 19

4 | 9 | 19

5 | 14 | 19

UPCOMING EVENTS

JAN 26 - SHINNENKAI & KEIROKAI, 12PM-3PM



AUTUMN.

Courtesy of Jessica Ogihara

It's *finally* becoming colder nowadays, which that means that there is a higher risk of getting sick. But fear not, as long as you layer up, properly maintain a healthy diet, and keep your surroundings clean, all will be fine —hopefully. As a reminder, this time of the year is California's fire season, so please stay safe and away from the fires.

書道クラス

Join the Shodo class today!

Yasoji Matsuoka (626) 201 - 9242 ptree2237@earthlink.net

1st & 3rd Sundays at 1:00pm - 2:30pm

Adults - \$40 Children - \$30 Second child in the same family - \$20

2018 SGJCC BOARD OF DIRECTORS

OFFICERS

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Fundraising Head SUSIE OGIHARA

Editor JESSICA OGIHARA

PRESIDENT'S MESSAGE

I hope everyone is staying clear of the fires and staying safe. I'm writing this from Japan, where the news has been talking about the fires in California daily.

To begin with I'd like to congratulate our Seniors Group on their 25th Anniversary. They were kind enough to invite my wife and I to their event, and it was moving to hear the history of their group from some of the founding members. In relation to the Seniors Group, the center would like to extend our deepest condolences to the Fujimoto family on the passing of Mr. Yoshito Fujimoto. Yoshito



just celebrated his 100th birthday at the center in April of this year, and was very involved on our board of directors in the past. He also taught a Japanese language class at the center for many years. For more on Yoshito's interesting life please review his birthday article in the last issue of our newsletter, and page 17 of the Fall 2016 "Temple City Connect" magazine:

https://issuu.com/944931/docs/04437 tety connect fall2016 linoac

Since the last newsletter our 3rd VP has repaired both main hall Audio/Video units and they work very well now. Any group interested in using the equipment should contact Mr. Steve Furogawa for instruction.

The SGJCC has joined the "Vehicle Donation to Any Charity" (VDAC) program. VDAC is a free, convenient service for converting any extra car, truck, or RV into a tax deductible donation benefiting the SGJCC. As always, any support our members can offer is greatly appreciated and needed. Those interested in helping our center can do so by calling (877) 999-8322, or donate online:

https://www.v-dac.com/org/?id=95-3889698

Please join the board in welcoming our newest affiliate group, the "Japan Karate Association of Los Angeles", headed by Mr. Harada Yoshiaki. The JKA teaches "*Shotokai*" Japanese karate, a very popular style of unarmed self-defense that includes competitions. The JKA-LA branch at SGJCC is the main branch for JKA in Los Angeles, and teaches both children and adults. Contact Harada Sensei at (626) 274-2579 to view a class and support our new group!

In November our General Board Meeting was held, in which the 2019 SGJCC Officer positions were voted on. A couple of months ago I made the difficult decision to step down from the President position, as the responsibilities were holding me back from other priorities, such as advancing in my career. I regret not being able to serve longer, or achieving more of the long-term goals I had set, but I hope the board and SGJCC members will support our new President while keeping in mind the prosperity of the center.

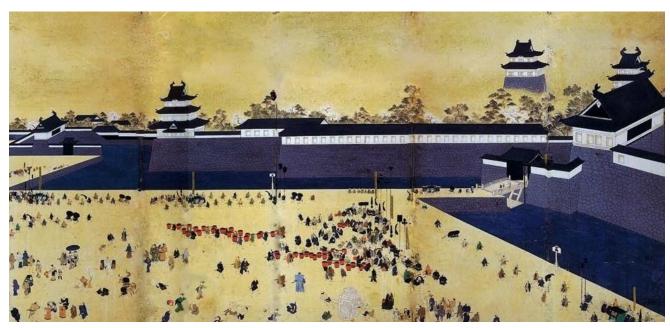
Gassho,

Nathan Scott

NICHIGETSUKAN DOJO

Denchu Bugei — Martial Sciences for the Palace

By Nathan Scott



Edo-jo — The Castle of the Tokugawa Shogun

Both Daito-ryu and Ono-ha itto-ryu were founded prior to the *Edo* period (1603-1868), but experienced their most dramatic development during their association with the Tokugawa Shogun's Castle in Tokyo (*Edo-jo*). Arts taught and used within the Shogun's Castle (*gotenjutsu*) were selected based on being judged as the strongest in Japan by the Shogunate. Upon being selected, the instructor would be commissioned as a full time retainer, and would be in a unique position to concentrate fully on modifying the teachings to fit within the context and formal etiquette requirements of the castle, while at the same time further developing the sophistication of their art to a level appropriate for use by senior ranked samurai (*buke*) and court nobles (*kuge*). Characteristics of castle arts tend to include formal etiquette (*reiho*), all white uniforms (*shiro shozuku*), and silent training - meaning without vocalized war cries (*otonashi no ken*).

In Japan, some areas are known as "castle towns", due to a city having grown around a castle during the feudal period. Such castles required large staffs, who resided either inside or outside the castle walls, depending on rank. *Edo-jo* in particular consisted of the following main structures:

Honmaru - "Main Inner Citadel". This walled area contains the main castle tower and palace, and was the first line of defense. It's walls were surrounded by a deep moat that kept the interior area very safe from outside attack.

Honmaru Goten - "Residential Courtyard Palace". This large palace was positioned in front of the main castle tower, and was the second line of defense. It consisted of single story buildings connected by numerous corridors, and was used for both governmental purposes, such as audiences, and for living spaces. The main wing of this palace consisted of (3) sections: The Great Outer Palace (\bar{O} -omote); the Central Inner Palace (Naka-oku); and the Great Inner Palace (\bar{O} -oku). The Great Outer Palace was closest to the main entrance, and contained reception rooms for public audiences, ceremonial rooms, and quarters for guards and certain officials. The Central Inner Palace is where the Shogun slept and spent most of his daily life, received relatives, met with higher ranked lords, and conducted business. The Great Inner Palace was an all-female area consisting of living quarters for the Shogun's wife, ladies in waiting, and their servants. The \bar{O} -oku was in fact 1,000 tatami mats in size, contained 1,000 female servants, and made up 60% of the main wing.

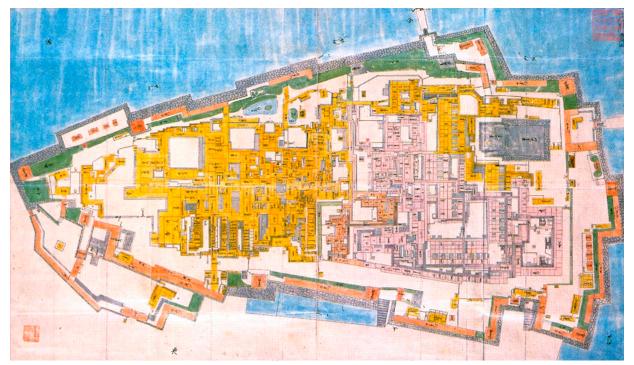
Tenshu - "Main Castle Tower". The Residential Courtyard Palace (*Honmaru Goten*) and the gardens of the Shogun were constructed around this castle tower, which was the last line of defense. The castle tower generally wasn't

used outside of war time, but could be used to barricade the Shogun, his family, and senior retainers if under siege.

Ono-ha itto-ryu teaches swordsmanship (kenjutsu) and military strategy (hyoho), with the strategy being taught within the context of swordsmanship against both single and multiple opponents. During a visit to Edo in 1592, the founder of Ono-ha itto-ryu, Ito Ittosai, so impressed the 1st Shogun Tokugawa Ieyasu that he offered him employment. Ittosai declined, but recommended his successor Ono Tadaaki instead. Tokugawa Ieyasu then made Ono Tadaaki a vassal and the instructor (shinan-yaku) to his heir, the 2nd Shogun Tokugawa Hidetada. One of the strongest components of the Ono-ha itto-ryu curriculum is the short sword (kodachi). The Shogun was protected by male bodyguards armed with kodachi most of the time, and by female bodyguards likewise armed while frequenting the all-female \bar{O} -oku chambers. As such, Ono-ha itto-ryu would have been taught to both sexes of palace body guards, as well as to certain other direct retainers.

Daito-ryu includes a parallel transmission of castle palace art called *Oshikiuchi*, which translates as teachings to be used "within the honorable threshold". It consists of formal etiquette (*reishiki*) as well as martial art self-defense techniques (*hanza handachi*). These martial art techniques were overlaid on to the formal palace etiquette, then enhanced using a sophisticated methodology called *Aiki no on'yo-ho*, which translates as the "Yin and Yang Method of Harmonized Energy". The *hanza handachi* techniques were kneeling defenses against sudden attacks inside the palace. Since techniques could not be executed from a standing position while inside the palace, it was necessary to gain equal skill defending oneself from kneeling. During the time of the 4th Shogun Tokugawa Ietsuna, these techniques were taught to palace body guards of both sexes, as well as to certain high ranked retainers for defending against attackers who, in many cases, were armed with *kodachi*.

In any event, The *Edo-jo* Main Castle (*Tenshu*) was destroyed in 1657, and the Main Palace (*Honmaru Goten*) was destroyed in 1863. While neither were reconstructed, in 1868 the Main Inner Citadel (*Honmaru*) was modified and built into what is now the Imperial Palace of the Emperor (*Kōkyo*), located in the Chiyoda ward of Tokyo. The Imperial Palace has a dedicated martial art dojo called the "*Saineikan Dojo*", where primarily judo and kendo are now taught to the Imperial Guards (*Konoe*). The subject of Daito-ryu *Oshikiuchi* is rather deep, so I will write more about it in the next newsletter.



Edo-jo Honmaru, ca. 1659. From left to right: the orange areas are the palace \bar{O} -omote and *Naka-oku*; the pink areas are the palace \bar{O} -oku; and the black square in the top right area is the castle *Tenshu*.

NIKKEI SENIORS CLUB

25 Years... Honoring Our Founding Members

On September 13, one-hundred and two members and honored guests celebrated 25 years of the San Gabriel Nikkei Seniors Club. We honored our founding members. Our club started with Bacon Sakatani and a few friends getting together for fellowship at Sage United Methodist Church. A few years later, the club moved to its present location. the fellowship of new and old friends continues to this day. The catered lunch included: Hawaiian chicken salad, potato, macaroni and crab salad, broccoli medley, honey pineapple chicken, beef teriyaki, kale pork, rice, chop char noodles, kim chef and pineapple sherbet for dessert. Steve Furogawa gave a video presentation and we all marveled at how young we looked back then. excellent entertainment was provided by Janice Uba and the line dancers, Joy Yogi and the ukulele group (including a sing-a-long), songs in English. Japanese, and Tagalog performed by Elena De la Cruz (caregiver for Tak Yoshida) and Jim Oshita. Many members won nice door prices and Yukie Okazuki won the grand prize.

Thank you to the following members for their monetary donations: Hatsue, and Herb Amano, Mio Arata, Naomi and Steve Furogawa, Clara Furukawa, Mariko Garrett, Ruth Goshi, Eddie and Irene Hagihara, Akiko and John Hanabusa, Eleanor Hara, Alfred Horibe, Sam Ikari, Sylvia Inouye, Gladys Itamura, Marsha and Shoye Iwo, Rose and Ted Kanzaki, Wakako and Ted Maesaki, Pearl and Ken Matsumoto, Kristine and Shoji Mayeda, Mabel Mayeda, Susan Mita, Florence and Jack Miyagawa, Carmen Mochizuki, Tak Murase, Tee Murashige, Miyako Murata, Ko Nakamura, Ethel Nakasato, Lillian and Minoru Nakatani, Kiku and Sam Nieda, Maurine and Roy Oban, Sid and Yukie Okazaki, Jim Oshita, Sally Shibukawa, Aileen Shimokochi, Kiku and Kayomi Shintaku, Kenichi and Nancy Shitara, Merle Suwa, Beatrice and Shogo Tabata, Charlotte and Saburo Takata, Nobie Takayama, Joyce Tomita, Eiko Uchiyama, Carolyn and Henry Watanabe, Stan and Sue Yamada, Ken and Joy Yogi, Kay Yokota, and Sachi and Tak Yoshida. In addition, thank you to members who provided supplies: Les and Judy Shima, Stan and Sue Yamada, Pearl Matsumoto, Janet Furukawa, Nobie Takayama, and Toni Tomita. A very special thank you to Toni tomita for a fantastic job organizing this event.

— Submitted by Irene Hagihara



Courtesy of Glenn Yoshida Invitation to 25th Anniversary Celebration.

2018 NIKKEI SENIOR CABINET MEMBERS

President STAN YAMADA

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Assistant
KAREN NAKAMURA

Third Vice President
WALT KLEINEDLER

Recording Secretary
JANICE UBA

Corresponding Secretary
IRENE HAGIHARA

Treasurer
MARIKO KLEINEDLER

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Sergeant-at-Arms
HAL YOSHIZUMI

AssistantLARRY NAKAMURA

Historian STEVE FUROGAWA

Parliamentarian & Advisor
(Ex-Officio)
HIRO KUSUMOTO

Attention San Gabriel Nikkei Senior Members: Statement of Concern

Recently, the board members of the San Gabriel Nikkei Seniors convened to discuss a worrisome trend in our membership numbers. Since 2015, where we had the maximum of 200 members, we have steadily been losing membership as follows:

$$2016 - 183 \quad 2017 - 165 \quad 2018 - 146$$

At this rate, we may only have a little over 100 members by 2020. With membership this low, we would not be able to afford to pay the rent for our weekly meetings. We have discussed what could be done to increase membership, but was unable to think of a viable solution.

Sadly, we have to consider the possibility of discontinuing holding meeting for the San Gabriel Nikkei Seniors Club in the near future. We could prolong the disbanding of the club by holding meetings less frequently, like every other week or once a month.

We feel it is incumbent upon us, as the officers of this club, to inform you, the membership, of what the future may hold, and ask how you feel about it and how should we proceed.

A decision does not need to be made immediately. but, if membership takes another big dip, we will need to seriously consider making some changes. We say this, because of future commitments, like the Christmas Party, Requires a heavy advance deposit.

With sincere regrets, your SGNS board members:

Stan Yamada, president
Janet Iwata, 1st vice president (activities)
Kay Yokota, assistant to 1st vice president
Nobie Takayama, assistant to 1st vice president
Carolyn Watanabe, 2nd vice president (food)
Karen Nakamura, assistant to 2nd vice president
Walk Kleinedler, 3rd vice president
(membership)
Janice Uba, recording secretary

Irene Hagihara, corresponding secretary
Mariko Kleinedler, treasurer
Fumiko Yasutake, petty cash and lunch ticket
sale
Hal Yoshizumi, sergeant-at-arms
Larry Nakamura, assistant sergeant-at-arms
Steve Furogawa, historian
Hiro Kusumoto, parliamentarian and advisor



Attendees at the 25th Anniversary Celebration

SAN GABRIEL JUDO

Huge Win at 2018 Nanka Team Championships, Fight for the Cure Judo Clinic with Marti Malloy & Janine Nakao, and Big News for 2018 Pan American Championships

San Gabriel Judo won the Overall Team Championships for a second year in a row, and repeat as the Junior Team Cup Champions at the 2018 Nanka Team Championships on October 14, 2018. This year, we sent 8 teams. despite injuries of our usual competitors, we took home 6 Gold, 1 Silver, and 1 Bronze. Highlights of the day were the HUGE Ippons threw by Waverly Tamanaha and Jordan Montejo. We had a great day, and are proud of everyone who competed. Thank you to our coaches, volunteers and parents for continuous support.



5-6yo Team BRONZE MEDALISTS Gabriel Barron Sofia Manibog Emma Wei

7-8yo Girls Team GOLD MEDALISTS Sydney Moon Daniella Manibog Aya Yoshitake

7-8yo Boys Team GOLD MEDALISTS Jason Montejo Luis Barron Tyler Miller

9-10yo Girls Novice GOLD MEDALISTS Cheyann Hwang Erin Chang 9-10yo Girls GOLD MEDALISTS Waverly Tamanaha Malia Manibog Audrey Tamanaha

9-10yo Boys SILVER MEDALISTS Tyler Higashi JaRon Phan Jordan Montejo

11-12 Boys GOLD MEDALISTS Taylor Tan Stanley Wu Joey Kamei

13-14 Boys GOLD MEDALISTS Kyle Sakuda Justin Montejo Logan Tan On October 20, 2018, we hosted a Fight for the Cure Judo Clinic with Olympic Bronze Medalist and 2x Olympian, Marti Malloy, and 4x National Champion and 3x World Team Member, Janine Nakao. They are a dynamic clinician duo. Marti and Janine provided an amazing and interactive clinic, not only for the 75+ attendees, but also for the parents and spectators. Both of them are alumni from the San Jose State Judo Team and both of them were also part of Team Force in Boston with our own sensei, Aaron Kunihiro. So the chemistry was just perfect. Judokas were able to work on newaza and ashi waza techniques, and train with these two great technicians. Thank you so much to Sensei Marti and Janine for being great role models for our students. We love you! Also a big thank you for our participants, with special thanks to Bojuka Ryu and Botan Joshi from Monterey, San Shi and Migoto from San Diego Area, and Ashley Fernando from Cal Poly, SLO.





We have MAJOR news. Seven of San Gabriel Judo students had been selected to represent USA in the 2018 Pan American Championships in Guayaquil, Ecuador.

Sensei Richie Endow and Aaron Kunihiro will accompany these judokas to compete on November 15-18, 2018. Congratulations! We are so proud of all of you and your hard work.

L to R: Jeralyn Montego, Tonanxochitl Ortega, Tyler Higashi, Taylor Tan, Ryder Yoshitake, Logan Tan and Kyle Sakuda



Seniors who wish to <u>renew</u> their **Nikkei Seniors Club** memberships for 2019, new membership application forms are **not** required.

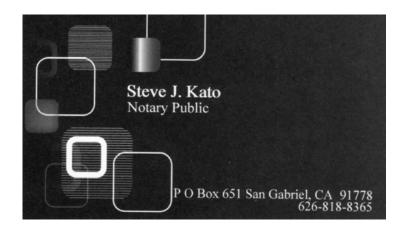
THE 2019 MEMBERSHIP APPLICATION FORM YOU SEE IN THIS BULLETIN IS **NOT** FOR RENEWING MEMBERS

Nikkei Senior membership dues are \$50 for singles and \$75 for couples. Of these membership dues, \$20 per member stays in the Nikkei Seniors treasury and \$30 for singles and \$35 for couples is the discounted membership dues to the San Gabriel Japanese Community Center, which is required.

Please pay with one check payable to **San Gabriel Nikkei Seniors Club** or **SGNS Club** and send your check to Walt Kleinedler, 9116 Duffy St., Temple City, CA 91780 or give it to me at one of our January or February meetings. Membership renewal season is from January 1, 2019 through the second Thursday of February - which in this case is February 14, 2019.

<u>Seniors who would like to join</u> our San Gabriel Nikkei Seniors Club and are 55 years of age or older and are of Japanese ancestry or are married to someone who is, please call Walt Kleinedler at (626) 285-0361 and I will gladly send you an application for our club.







Valid Cardholding Members of Los Angeles County Arboretum & Huntington Library & Botanical Gardens Receive 10% Off Regular Priced Merchandise.

ORGANIZATION MEETING SCHEDULES

San Gabriel Judo Dojo

Modern Japanese grappling martial art & sport

Nikkei Seniors (Keirokai)

Senior citizen club

Sogetsu Ikebana

Traditional Japanese flower arranging

Daito-ryu Aikijujutsu Kodokai

Classical Japanese grappling martial art

Ono-ha Itto-ryu Hyoho

Classical Japanese swordsmanship martial art

Where Eagles Soar

A non-profit Christian fellowship

Shodo Academy of America Japanese art of classical brush calligraphy

Boy Scouts of America, SGJCC Troop

Scouting youth organization

Japanese Karate Association of Los Angeles

Modern Japanese self-defense martial art & sport

Tuesdays & Fridays 6:30pm-9:00pm

Thursdays 10:00am-1:00pm

2nd & 4th Mondays 7:00pm-9:00pm

Thursdays 7:00pm-8:30pm Saturdays

12:00pm-2:00pm

Thursdays 8:30pm-10:00pm Saturdays

10:00am-12:00pm

Sundays 10:00am-11:30am

1st & 3rd Sundays 1:00pm-2:30pm

2nd & 4th Sundays 6:00pm-8:00pm

Wednesdays 6:30pm-8:30pm Saturdays 5:00pm-7:30pm **Richie Endow / Mike Noriega** (818) 482-4884 / (310) 545-9449

Stan Yamada (909) 393-9855

Kaz Kitajima (626) 333-3039

Nathan Scott (323) 821-8730

Nathan Scott (323) 821-8730

Pastor Bob Lona (626) 574-7107

Yasoji Matsuoka (626) 201-9242

George Ocampo (213) 793-140

Harada Yoshiaki (626) 274-2579

2018 FACILITY USAGE FEES

AFFILIATE GROUP USAGE RATES

AFFILIATE GROUPS OF 1 TO 15 MEMBERS - \$45 PER DAY FEE
AFFILIATE GROUPS OF 16 OR MORE MEMBERS - \$50 PER DAY FEE

ALL PRE-SCHEDULED DAYS MUST BE PAID FOR

The center must charge and collect usage fees for all pre-scheduled days/time slots. For example, if your affiliated group has prescheduled every Monday at 10:00 am to 12:00 pm, those days must be paid for regardless of if a holiday lands on that day or your group decides not to meet. If you have any questions or concerns, please see Ron Ito at (213) 400-9392.

HALL RENTAL FEE

\$600 (plus \$100 cleaning deposit) - NON-MEMBERS \$500 (plus \$100 cleaning deposit) - MEMBERS

Fee includes use of the entire facility for a maximum of 8 hours between 9:00 am &10:00 pm.

2018 SGJCC Membership Dues

Family - \$60 Annual Fee Individual - \$50 Annual Fee

SGJCC 2018 MEMBERSHIP APPLICATION

ANNUAL FAMILY MEMBERSHIP - \$60.00 | ANNUAL SINGLE MEMBERSHIP - \$50.00
PLEASE MAKE CHECK PAYABLE TO: SAN GABRIEL JAPANESE COMMUNITY CENTER
(PLEASE DO NOT SEND CASH – WE WILL NOT BE RESPONSIBLE IF LOST)

(PLEASE DO NOT SEND CASH – WE WILL NOT BE RESPONSIBLE IF LOST)	
NAME	
ADDITIONAL FAMILY MEMBERS_	
ADDRESS	
CITY	ZIP CODE
TELEPHONE	EMAIL
GROUP AFFILIATION	
TOTAL AMOUNT ENCLOSED	DONATION
PLEASE CHECK IF OVER 80 YEARS OLD AND WOULD LIKE KEIRO KAI INFO	
*NIKKEI SENIORS MEMBERS, PLEASE PAY SGJCC MEMBERSHIP DUES THROUGH NIKKEI SENIORS	
SAN GABRIEL JAPANESE COMMUNITY CENTER 5019 N ENCINITA AVE TEMPLE CITY CA 91780	



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ADDRESS SERVICE REQUESTED DATED MATERIAL

ADVERTISING APPLICATION

\$10 PER ISSUE | \$40 PER YEAR

BUSINESS NAME & CONTACT INFORMATION

NAME_______BUSINESS NAME_______ADDRESS______

TELEPHONE_____

MAIL TO: SGJCC

C/O NIKKEI QUARTERLY

PO BOX 651

SAN GABRIEL, CA 91778-0651

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